



OMMUNITY PARTNERS

Please read about the organizations who are 'making it personal' and stepping up in big ways to help children in central California.



PACIFIC

School of **Health Sciences**

University of the Pacific

The Greg and Jessica Coleman Endowment Fund supports the Masters of Clinical Nutrition program at University of the Pacific. Recipients of the award fulfill the program's clinical requirements in Stanislaus County and work with kids at Modesto Children's Garden.

American Heart Association。



American Heart Association

Children's Garden is partnering with the American Heart Association to bring an evidence-based community nutrition and well-being program that empowers people to make healthy food, nutrition, and lifestyle choices to the 209. Several nonprofit organizations that serve children will benefit from nutritional training and field trips to Children's Garden. This Healthy For Life Initiative will make a substantial impact on the lives of vulnerable and underserved children and families.

L•ve Modesto

Love Modesto

Each year, **Love Modesto** organizes hundreds of citizens to participate in various volunteer projects throughout several cities in our county. Modesto Children's Garden benefits from the support of these volunteers and leverages it to create transformational change in children and our community.



The Almond Blossom Cruise, from mid-

MOFRESH

February thru mid-March, takes you through Modesto past the Children's Garden on the way to Rodin Farms, where you can picnic in the orchards, and Knights Ferry where you can take a stroll along the Stanislaus River. Along the way you learn about George Lucas (who grew up here), The E&J Gallo Winery, learn about the Legend of Zorro's history near Modesto, experience almond butter milkshakes, taste the #1 Gouda cheese in the US, find the best IG photo spots for your feed, and even get to visit the oldest olive oil producer in the U.S., Sciabica California Olive Oil, for a tasting. Plus you get to fill your trunk with locally made and grown goodies from places like the Children's Garden to take home!



The UC Davis **Master Gardeners of** Stanislaus County

Visit Children's Garden on the first Thursday of the month at 10am. This passionate group of gardeners brings educational materials and interactive supplies for children to participate at no cost. Children learn about vermiculture, germination and even making scarecrows!



Kaiser Permanente, **KP Cares**

Volunteers from Kaiser Permanente visit Children's Garden on a regular basis to help maintain the garden and participate in special projects. Many of the employees also bring their children and enjoy their time together finding meaningful ways to give back to their community!

Special Acknowledgment to the MHD Group



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MODESTO CHILDREN'S GARDEN **EVENT SPACES: SWEET RETREATS**

Imagine enjoying a balmy California night with friends and family under a beautifully illuminated arbor just steps away from where some of the food you're sharing was grown. Or picture guests delighted by the cozy environment of a quaint greenhouse.

The great news is that you don't have to imagine it! The Hive is a graceful arched covering decorated with lights and greenery that creates the perfect environment for a reception, party, meeting, or any gathering of up to 80 people.

For smaller groups, Honey House is a beautiful greenhouse where we host wedding showers, baby showers, children's birthday parties, club meetings, and other events.

Choosing us to host your event helps your community at the same time! Funds from renting our event space support programs that encourage kids to be active, informed, and eager to fuel their bodies with foods that help them lead healthy, happy, energized lives.





ABOUT MODESTO CHILDREN'S GARDEN

With the development of the half acre Children's Garden located behind the Pelandale Specialty Care Center in 2020, founders Greg and Jessica Coleman are forging ahead developing key partnerships to make the largest impact possible to grow healthy hearts in our community. It's personal.

'Disease in children is out-of-control and the only way we can turn it around is to work together as a community. This is why *strategic* partnerships are critical in making an impact to turn the obesity health crisis around". We need every hospital, insurance company, school district, corporation, community and individual to 'make it personal' because our future depends on it.

A dear friend, Carolyn Peck was one of the founding mothers of Valley Children's Hospital located in the Fresno area. Over 70 years ago, Carolyn recognized the lack of healthcare options for children in the Central Valley due to an incident involving her own son. Carolyn's mission immediately became 'personal'. Her grit, tenacity and forebearance ultimately saved and continues to save countless children's lives! Carolyn's contagious passion lit a fire in the Colemans, who inevitably grabbed her torch and have proudly move her legacy forward with vigor.

Greg and Jessica have served on various boards at Valley Childrens over the past 25 years retiring only to expand their efforts to make nutritious food and education more accessible in the 209.

Today, Modesto families benefit from the Pelandale Specialty Care Center, a satellite campus of Valley Children's Healthcare bringing specialized care closer to those who need it the most.

Family, friends and community partners all share in bringing this critical asset to our community. Having world-class pediatric healthcare right here at home is a testament that together we can make a positive change but we have to MAKE IT PERSONAL!



ca Colema

Executive Director/Founder Color The Skies Nonprofit
Children's Garden Project
(Located behind the Pelandale
Specialty Care Center)

DID YOU KNOW?

There are over 200,000 edible species of food on the planet. Yet, despite significant progress, we know very little about what is in our food, significantly limiting our understanding of how food can promote health more precisely as well as contribute to diet-related diseases.





We offer FREE programs to families in and around Modesto.

Weekly garden activities including planting, tending, harvesting and preparing nutritious organic fruit and vegetable recipes.

VALUABLE LESSONS AT CHILDREN'S GARDEN

Community

The food the children grow go home with them and the rest is distributed to families in need.

Self-Sufficiency

Taking the skills from our garden home with confidence and making their own garden.

Nature

Nature keeps involuntary stimuli to a minimum and gives children a chance to enjoy fresh air and sunshine.

Time Well Spent

Relationships take time and require meaningful connections.

Hard Work

We balance work and fun, both are equally important.

Teamwork

Taking turns, sharing and working together for a common good.

Норе

Planting a seed is an act of hope.

Patience

The best things in life are worth the wait.

Wisdom

Older participants share knowledge and stories with our children.

Culturally Diverse Participants and Food Make for the Best Experience!



I grew up on a farm in Michigan and I wanted my kids to experience what I did as a kid. As I was looking for ways to connect my kids to nature I came across Children's Garden! I showed up with my baby and 4 year old and couldn't stop coming back. We've never had a bad day at the garden! We always meet someone new, learn something useful and make a memory! I've loved seeing my kids play in the dirt, plant seeds, pull weeds and sample new fruits and veggies! I couldn't stop telling people about the garden! It's one of the most diverse spaces I've come across in the area. It's a place where my four kids and I feel wild and free!

— Martha Miles

HOW YOU CAN HELP

Not only does it feel good to put kids on the path to better, healthier lives, but sharing stories about your engagement with us shows your audience that you can see beyond short-term goals to the long-term health of our kids and community.

So, your involvement with our programs is a win-win-win — for area children, our organization, and yours.

We appreciate any direct assistance you can provide, including financial support (*Employer Match Program*) for the Modesto Children's Garden.

We can always use items like kid-sized gardening supplies, including:

- Kids Gloves
- Kids Shovels
- Kids Rakes
- Watering Cans
- Picnic Tables
- Sunscreen
- Vegetable Plants/Trees
- Healthy Snack Samples



VOLUNTEER

For more information or to discuss ideas please contact:

jessica@ModestoChildrensGarden.com

Cook I Chook

Make checks payable to Color The Skies, Inc. MAIL TO: PO Box 905, Ripon, CA 95366.

WAYS TO GIVE!

Credit Card | Paypal

We accept all major credit cards and you can even set up a recurring donation!



Cornorate Sponsorship

Interested in becoming a sponsor of the Modesto Children's Garden? Email us at jessica@ModestoChildrensGarden.com.

Donation Matching

Double the love! Many employers will match your donation. Contact your Human Resources Department to learn how.

Legacy Gifting

You could name Modesto Children's Garden as a beneficiary to your life insurance policy or retirement account, or include a bequest in your will.

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TAKE A FIELD TRIP!

We love having school classes and youth organizations visit Modesto Children's Garden. What better way to give kids a head start on better health and lifelong happiness than getting them outside and showing them how nutritious foods are grown.

PLEASE CONTACT JESSICA COLEMAN
TO SCHEDULE YOUR FIELD TRIP.